

# FY20 BEHAVIORAL HEALTH AND SUBSTANCE ABUSE FUNDING

EXTERNALLY-FUNDED ENTITIES	INTERNAL DEPARTMENTAL FUNDING	COMMUNITY SUPPORT SERVICES	COURT SERVICES	TOTAL FUNDING
Meridian		\$895,556	\$49,000	\$944,556
NAMI		\$10,000		\$10,000
Helping Hands Clinic		\$15,943		\$15,943
Creative Counseling			\$48,000	\$48,000
Peer Respite Care		\$52,752		\$52,752
Child Advocacy Center - Therapy		\$43,932		\$43,932
Children's Home Society		\$40,071		\$40,071
Peaceful Paths - Trauma Counseling		\$43,941		\$43,941
CABHI Grant		\$800,000		\$800,000
JAG Grants			\$18,000	\$18,000
JMHCP Grant			\$167,987	\$167,987
	*Mobile Response Team Grant	\$165,000		\$165,000
	Alachua County Crisis Center	\$487,305		\$487,305
	Treatment Courts		\$673,022	\$673,022
	CJMHSAG		\$370,000	\$370,000
	Metamorphosis		\$707,970	\$707,970
	Opus Outpatient		\$274,795	\$274,795
	Mental Health Identification & Assistance		\$150,000	\$150,000
<b>TOTALS</b>		<b>\$2,554,500</b>	<b>\$2,458,774</b>	<b>\$5,013,274</b>

\* Does not include \$159,734 prior year carry forward

## **EXTERNALLY FUNDED ENTITIES**

### **Meridian Behavioral Health Care**

#### **Community Support Services Contract**

Funding provided under annual contract to Meridian is currently \$695,556 from general fund and \$200,000 under a CHOICES award. This includes funding towards efforts to implement the 2016 Senate Bill 12 (SB12) for a Coordinated System of Care. The current impact is a reduced waiting list for addiction receiving services at Meridian for Alachua County residents. *BoCC Funding for FY20 is \$895,556.*

#### **Court Services Contract**

Funding provided under annual contracts with Day Reporting \$5,000 and Treatment Courts \$44,000 is used for clients who have been evaluated and determined to need a higher level of care, including psychiatric services. This determination may also occur as result of time spent in outpatient counseling.

*BoCC Funding for FY20 is \$49,000.*

#### **National Alliance on Mental Illness (NAMI)**

NAMI provides education and support to both peers and family members of those with mental illness. Additionally, NAMI trains volunteers who conduct educational and support programs. Using County funds, NAMI obtains various brochures and other publications to inform the public about issues related to mental illness. Public forums and town hall type meetings provide another venue to help inform the community about mental illness related issues like stigma, where to reach out for assistance, and offer a supportive environment for family members.

*BoCC Funding to NAMI for FY20 is \$10,000.*

#### **Helping Hands Clinic**

Helping Hands Clinic provides mental/behavioral health care to homeless and near-homeless adults with no other access to affordable health care. The behavioral health care is co-located with primary medical care providers on site, and may include appointments with a psychiatrist and/or licensed mental health counselor, alcohol and tobacco cessation assistance, medications, and lab tests, all of which is provided free of charge.

*CHOICES Funding to Helping Hands Clinic for FY20 is \$15,943.*

#### **Creative Counseling**

Funding provided under annual contract with the Day Reporting program is used for clients evaluated and determined to need the Batterers Intervention program (26 weeks) or Anger Management Counseling as well as provide assessments and treatment.

*BoCC Funding for FY20 is \$48,000.*

## **Gainesville Peer Respite**

This program uses peer support specialists to reduce mental health hospitalizations and negative interaction with law enforcement. It provides daytime and wellness activities six days a week such as Trauma Informed Peer Support, NAMI Connections, Decompression Session, Mindfulness, Wellness Walk and support groups. The program also offers overnight stays for up to eight nights per month. Participants are offered support by peer specialists at any time during the stay. Peer specialists answer warm-line calls 24/7 and clients may use this service as often as needed.

*CAPP Funding for FY20 is \$52,752.*

## **Child Advocacy Center-Reducing Trauma to Abused Children Therapy Program**

The center provides Identification and treatment of child abuse through master-level licensed or license-eligible therapists with the goal of preventing re-abuse and children becoming abusers themselves. Children served by this program are aged 6-18 with a family income below 150% FPL. These children have been verified as having suffered physical or sexual abuse, have witnessed domestic violence, or have been victims of drug endangerment or human trafficking. Both children and caregiver receive therapeutic services. Sessions are provided at the Child Advocacy Center, schools, community programs, and in homes. Staff are available 24 hours a day. Access to advocacy and case management is also available. *CAPPCHOICES Funding for FY20 is \$43,932.*

## **Children's Home Society of Florida-Howard Bishop Community Partnership School**

As part of its holistic approach to education, the Children's Home Society's counseling program provides mental health services to students and their parents. Participants receive services during the school day or after school in their homes. Students receive at minimum one hour per week of individual counseling and may attend group sessions in addition. The program serves middle school children and families in east Gainesville who are experiencing financial hardship. *CAPPCHOICES Funding for FY20 is \$40,071.*

## **Peaceful Paths-Trauma Counseling for Underserved Survivors of Domestic Violence**

This program provides trauma-informed counseling for underserved survivors of domestic violence in culturally-specific locations where clients already receive partner services. Services are available from language-specific advocates and counselors. Each client is eligible for 16 sessions of individual trauma counseling, support group activities, post-service follow up and assistance in developing a safety plan. All services have concurrent care for children to ensure therapeutic and safety services for the entire family. *CAPPCHOICES Funding for FY20 is \$43,941*

## GRANT FUNDING

### COMMUNITY SUPPORT SERVICES

Funders: **Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, Center for Substance Abuse Services**

Grant: **Cooperative Agreement to Benefit Homeless Individuals (CABHI)**

During the FY2017 budget meetings, department staff were asked to seek funding for an intense level of service for mentally ill and substance involved individuals. In September 2017, the County was awarded a CABHI grant in response to a grant submitted in March 2016. This funding was provided in a second round following submission of an updated application.

The intent of this grant is to increase Alachua County's capacity to coordinate and provide the following components to adults, youth, and families who are experiencing homelessness and are affected by serious mental illness, substance abuse, or co-occurring disorders:

- Outreach and engagement to the homeless
- Evidence-based behavioral health treatment,
- Permanent supportive housing,
- Supportive employment,
- Peer supports, and
- Other individualized recovery support services.

Target Population for CABHI Grant:

- **Individuals** who experience **chronic homelessness** and have substance use disorders (SUDs), serious mental illness (SMI), serious emotional disturbance (SED), or co-occurring mental and substance use disorders (CODs)
- **Veterans** who experience **homelessness** or **chronic homelessness** and have SUD, SMI, or COD
- **Families** who experience **homelessness** with one or more family members who have SUD, SMI, or COD
- **Youth** who experience **homelessness** and have SUD, SMI, SED, or COD
- Other **locally defined high need subpopulations** experiencing homelessness and the above disorders, e.g., pregnant women, unaccompanied youth exiting foster care.

The CABHI grant will extend outreach and offers services based on a Modified-ACT/Care Coordination team for those enrolled in the program.

#### Award Amount

\$800,000 per year to Alachua County Community Support Services (lead agency)

\$658,572 sub-award to Meridian Behavioral Healthcare for treatment services

Three-Year Project Period - 09/30/17 – 9/29/20

#### County Funding

In-kind salaries 20% time commitment – project coordinator.

Half-time allocation of a mini-van; fuel and maintenance - \$1,200.

**Funder: U.S. Department of Justice, Bureau of Justice Assistance via the City of Gainesville**

**Grant: Edward Byrne Memorial Justice Assistance Grant Program, Local Solicitation (FY 2017) – Ohio Risk Assessment System Training for Court Services Employees**

Grant Description: This Sub grant will underwrite the costs of purchasing Ohio Risk Assessment System Training (ORAS) from the University of Cincinnati's Corrections Institute (UCCI). This system is used by staff with adult offenders, and it allows the staff to assess individuals at various decision points across the criminal justice system. Critical to this process is to identify the level of risk factors per client, including Mental Health and Substance issues. While the assessment itself is free, agencies must be trained prior to implementation so they may properly train and score each of the assessment tools used. New staff will be trained in ORAS and refresher training to interested staff or those in need. Up to six additional staff will be trained to become ORAS trainers so that the Department has internal trainers to apply as needed, to meet future program goals.

Length of Project Period: 10/1/2017 – 9/30/2018. (The City of Gainesville has requested an extension through 9/30/2020, which was received.)

Award Amount: The Award was \$18,000, to be made available directly by BJA to the City of Gainesville. The Sub grant is reimbursement-based so ORAS training activities engaged in by the BoCC via Court Services will be reimbursed by COG.

Funder: **U.S. Department of Justice – Bureau of Justice Assistance**

Grant: **Justice Mental Health Collaboration Program (JMHCP) – Category 1: Collaborative County Approaches to Reducing the Prevalence of Individuals with Mental Disorders in Jail**

Project Description: Alachua County was one of just seven counties to receive JMHCP Category 1 grant funding in 2017. The Justice Mental Health Collaboration program is a well-known and highly competitive grant program to help the County improve and enhance how it addresses mental illness as it intersects with the local criminal justice system, using a broad-based coalition of stakeholder agencies. This Category 1 grant has three primary efforts 1: Conduct a Process Analysis of the intersect between mental illness and the criminal Justice System, 2: Collect data to inform a report of the MI/CJ intersect, and 3: To provide a Strategic Plan to the PSCC including the development of a program to address the gaps identified. We expect to apply and be granted an Implementation grant mid-2020 to initiate in October 2020.

The JMHCP grant has funded a countywide planning and research effort to reduce the prevalence of individuals with mental disorders in the County Jail. The Department of Court Services leads the JMHCP program with support from Stepping Up Initiative partners including the Alachua County Sheriff's Office, Alachua County Department of the Jail, Meridian, the City of Gainesville Police Department, United Way, UF Health/ Shands, North Florida Regional, UF Police Department, Veterans Administration, UF Research

Consultants, the National Alliance on Mental Illness (NAMI) Gainesville Chapter, CJMHSAG Committee, and the Alachua County Public Safety Coordinating Council. “Stepping Up” is a nationwide effort to reduce the prevalence of mental illness in the nation’s jails. Alachua County is a Stepping Up County participant. As part of the Stepping Up initiative, JMHCP aims to fulfill the “Innovator County” status by 1: Adopting a system-wide definition of Mental Illness, 2: Installing a validated screening form at jail booking, and 3: Reporting the data results. This effort is rewarded with national attention from the Stepping Up initiative.

As part of the grant program, the County receives technical assistance from the Council of State Governments (CSG) Justice Center to support and help develop a system-wide planning and implementation guide to help steer the process. The grant also provides funds to support a Program Manager position within Court Services, a research partnership with Professors from UF’s Department of Criminology, Sociology, and Law, and trainings to help Stepping Up members who are also stakeholders in the current criminal justice and behavioral health systems address service gaps in how individuals with mental disorders are treated in the local systems. On December 5<sup>th</sup>, 2019, JMHCP provided Motivational Interviewing end user training for a widely varied group of 30 participants with intent to continue with end user and Train the Trainer versions available to all relevant entities. The Planning and Implementation Guide was approved on January 9, 2020 releasing the whole of the Federal funds to implement the Project.

Length of Project Period: 10/01/2017 – 09/30/2019 (Grant Award Accepted by BoCC on November 14, 2017 was identified to progress only for this period. As a result of a request from the County, the period was extended by BJA for one additional year to September 30, 2020, on May 28, 2019.)

Award Amount: The Federal grant award/cost share is \$152,436 (\$79,318/Yr.1; \$73,118/Yr.2.)

County Funding: The BoCC provides a 20% match (\$38,109: \$19,830/Yr.1; and, \$18,279/Yr.2). The total project budget is \$190,545 over a 2-year period.

As of the December 31, 2019 Federal financial Report, a total of \$73,537.32 in Federal grant funds and \$18,384.67 in County match funds remained to be spent.

Significant programmatic activities engaged in to-date, include a comprehensive qualitative and quantitative data collection project on those affected by mental illness who are at risk to come in contact with the criminal justice and behavioral treatment programs. In addition, a process evaluation entailing 38 interviews to date and 10-15 more planned with key system stakeholders and their representatives is underway and this qualitative review will complement the data provided which will be carefully analyzed. The work of the project includes monthly planning team meetings to review program progress and weekly meeting with the UF research consultants. The first key elements of a comprehensive Planning and Implementation Guide required by BJA has largely been completed. The core Planning Team meets monthly and the LEO Advisory team met monthly for the first year and now meet every two months.

## **INTERNAL FUNDING**

### **COMMUNITY SUPPORT SERVICES**

#### **Crisis Center**

The Crisis Center offers a full spectrum of crisis and suicide intervention programs. Through the effective use of professional staff and highly trained volunteers and graduate students, the Crisis Center provides 24-hour, seven-day-a-week telephone, face-to-face, and outreach services to any Alachua County resident in emotional distress. The Crisis Center is actively involved in two national 1-800-Suicide Intervention Systems. The Crisis Center and this system have been in existence and growing for over 40 years. As further evidence of its long-standing effectiveness, volunteers have provided many years of service, the longest volunteering for 44 years. The Crisis Center also has CARE Teams that respond on scene to offer counseling and support for those in crisis or affected by the sudden loss of a loved one.

Rumor Control responded to over 11,000 calls from citizens during response for Hurricane Irma and the flooding of the Santa Fe River that impacted the community shortly afterwards. On August 1, 2017, the Crisis Center held its first annual Youth Suicide Prevention Symposium. Over 75 citizens and school, law enforcement and mental health professionals from the community attended.

The County's 24/7 suicide hotline is certified by the American Association of Suicidology. During FY 2017-2018, the Crisis Center maintained a crew of 120 highly trained, unpaid community members who offered over 45,000 hours of service to the County and its citizens. The six paid staff trained, supervised, and supported the equivalent of over 21 unpaid FTEs to offer the Crisis Center's 24-hour services. Based upon Independent Sector Research, the volunteer 40,141 hours of service that year was worth \$1,020,785 to Alachua County. *BoCC Funding for FY120 is \$487,305.*

#### **Mobile Response Team Grant**

In January 2019, the Crisis Center was awarded funding from Lutheran Services of Florida to expand its Mobile Response services for youth 25 and under. The Crisis Center will be hiring two new staff, a Mobile Response Team Coordinator and a Mobile Response Team Specialist. Both positions will respond to requests for mobile response and work closely with families, law enforcement, schools, and other youth focused organizations to provide crisis intervention services when needed. The staff will also work to coordinate follow up activities including warm handoffs for longer-term care. Both positions support onsite response and will ensure that continued crisis stabilization and follow up services are provided.

*Grant Funding for FY20 is \$165,000. (Prior Carry Forward of \$159,734 is not included.)*

## **COURT SERVICES**

### **TREATMENT COURTS**

#### **Drug Court**

Drug Court offers two options for individuals diagnosed with substance use disorders who have felony criminal charges in Alachua County. Both the pretrial diversion option and the post-plea option offer intensive supervision, case management and treatment to offenders eligible and willing to enter into treatment to overcome criminogenic risk factors. The program is modeled on the key components nationally recognized for Drug Courts and those of the State Office of the Court Administrator, and lasts a minimum of twelve (12) months.

158 clients were served, 80 screenings were completed in FY19.

#### **Mental Health Court**

This Court is a treatment-based diversion court that serves defendants with mental illness or those who are developmentally disabled. This population is the most expensive to house in the jail due to costs of psychotropic medications. The primary goal of Mental Health Court is to provide defendants with the least restrictive treatment, training and support services necessary to reduce recidivism and ensure public safety.

108 clients were served 66 Screenings were completed in FY19.

#### **Veterans Treatment Court**

This is a treatment-based court program serving military veterans with mental health or substance use disorder diagnoses, charged with certain misdemeanor and felony crimes. The Veterans Treatment Court program operates a pretrial diversion and a post-plea option, modeled on the fundamental key components nationally recognized for Drug Courts and requires a minimum of twelve (12) months supervision. It integrates court and community supervision with focused medical, substance abuse and mental health service programs provided through the Veterans Administration.

63 clients were served, 33 screenings completed in FY19.

*BOCC Funding for FY20 is \$673,022 for all three Treatment Courts.*

#### **CJMHSAG Reinvestment Grant (Criminal Justice, Mental Health and Substance Abuse Reinvestment Grant Program)**

Funds provided support a range of services to improve access to treatment and case management services for adults who have a mental illness, are affected by substance use or a combination of mental illness and substance use, and are in or at risk of involvement in the criminal justice system.

Applicable to Program Years 2017-2020, this Grant is the fourth in a series of three-year Program grants from the Florida Department of Children and Families. The CJMHSAG Grant now encompasses services in Alachua and Bradford Counties in a consortium approach. Whereas the County served as the grantee agency for the first three CJMHSAG Grants, Meridian now performs this role. Toward the annual budgets, Meridian is being provided by the County \$370,000 in cash for each of three years. The third and final year of the current Grant began on April 1, 2019 and concludes on March 31, 2020.



In March 2019, DCF provided notification of a grant award for \$1.5 million to Meridian for the period beginning April 1, 2020 through March 31, 2023. This funding effectively identifies the Alachua County-Bradford County CJMHSAG Collaboration with all law enforcement and behavioral health partners as having achieved 15 consecutive years of critical support to serve our community and those who are justice-involved and affected by mental illness and/or substance abuse with services and importantly, hope for a better future.

This cash match amount (known as MIWG funds for the Mental Illness Work Group but is actually General Fund dollars) draws down approximately 75% of the \$500,000 required each year in toward the matching grant funds from DCF. Additionally, an in-kind match from the County is committed for the CJMHSAG Grant, but it does not accrue to Meridian. These funds are \$240,000/3 years and are comprised of 1.5 FTE's in Court Services staff who are engaged in the CJMHSAG Program.

At the end of December, 2019 during the first nine months of Year 3 of the CJMHSAG Reinvestment Grant, the Forensic Diversion Team Program operated by Meridian served 91 clients on average. Of this group, 78% of the participants received outreach and case management in the community versus in the county jail. .

*For Fiscal Year 2020, funding provided will be \$370,000 in cash match.*

### **Metamorphosis**

Metamorphosis is a long-term residential treatment center for men and women. Participants must have a Substance-Use Disorder to be admitted. The majority of participants also have a mental health diagnosis that is treated during the course of their treatment by Master's level therapists through group and individual therapy. The treatment approach uses the concept of a Therapeutic Community, and evidence based models including; Cognitive Behavioral Therapy, Rational Emotive Behavior Therapy, and Motivational Interviewing. Participants typically stay in the program between 6 to 12 months depending on individual clinical need. Individuals generally gain employment at 4-5 months and are able to live at one of our two transitional housing apartments. The goal is for clients to slowly transition back into the community with employment and a safe and stable support network. Aftercare services are available for those who complete residential treatment.

The program is partially funded through State and Federal grants managed by Lutheran Services. Participants must be assessed prior to be admitted to the program.

86 Residential Clients admitted, 34 Aftercare Clients served, 236 Assessments completed In FY19

*BoCC Funding for FY20 is \$707,970 (\$431,857 General Fund and \$274,283 Grant Funds)*

### **Opus Outpatient and Aftercare Treatment**

Licensed by the State of Florida, the Opus program provides voluntary outpatient behavioral health treatment and aftercare to adult women and men with substance use disorders and co-occurring mental health disorders. Potential clients are referred by the Alachua County Drug Court and Day Reporting programs. Opus eligibility is established in a face-to-face clinical interview. The American Society of Addiction Medicine's guidelines are used during treatment level of care determinations.

Face-to-face client services have been provided by one full-time Opus program staff who is a Florida Licensed Mental Health Counselor and a Masters Level Addictions Professional/Certified Clinical Trauma Professional.

In FY 2019: Opus provided service to 33 program participants. Face-to-face and indirect program services included professional screening, assessment/evaluation, outpatient individual and group counseling, psychoeducation, relapse prevention, anger management intervention, consultation with psychiatric and other medical providers, advocacy and onsite integrated staffing with court officer staff, and attendance at weekly court events. Sometimes family members have also participated. The program uses evidence-based therapeutic techniques and takes a recovery-oriented approach to care. In keeping with this philosophy, successful Opus completers may return for aftercare services throughout their life.

*BoCC Funding for FY20 is \$274,795*

## **Mental Health Identification and Assessment**

The BoCC established this Program in October 2015 to support new or innovative Mental Health services and programming. The Board allocated \$150,000 at the beginning of FY 2016 for this Program, also known as the Mental Health Discretionary Funding Pool. Funds initially allocated helped to leverage new services including those at the Peer Respite Center and the Southwest Area Advocacy Group (SWAG). Additional funding from this pool were made available to support the costs of providing Mental Health First Aid (MHFA) Training for Alachua County employees and for the capital construction costs related to a primary health care clinic of Meridian. The Peer Respite Center began its operations in March 2017, providing peer-based respite services to community residents suffering from mental illness and to their family members. It continues to provide such services today, which are provided separately from the Mental Health Identification and Assessment funding pool.

Court Services began to implement its MHFA training initiative in June 2016, focusing first on providing this evidence-based 8-hour curriculum to County employees who interact with the public. During Fiscal Year 2018, total expenditures for MHFA training of \$25,740.36 were incurred. By the end of February 2017, 827 Alachua County employees had been certified as trained in MHFA, which helps them recognize mental health symptoms and respond to those who are in the beginning stages of a mental health crisis.

In response to the BoCC's endorsement of a second phase of MHFA training in early 2017, Court Services embarked on extending MHFA training to staff from three priority constituencies: 1) Constitutional and Judicial Officers; 2) Nonprofit Agencies receiving CAPP and/or CHOICES funding; and 3) Alachua County Municipalities. The total number of Constitutional and Judicial Officer staff who have been trained is 867. CAPP/CHOICES staff totaled 56. Municipalities had 67 staff trained. MHFA training has continued into FY 2020 with \$3,500 expended to support the costs of new County staff being trained. The initiative has resulted in 2,126 County and related partner agencies' staff being trained in MHFA. *BoCC Funding for FY 20 is \$150,000.*